

1           **SCAI Consensus Statement on Best Practices for the Cardiac Catheterization Laboratory**  
2                           **Management of Patients with Suspected STEMI Referred for Primary PCI**

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36

37 **INTRODUCTION**

38

39 ST-elevation myocardial infarction (STEMI) is a cardiac emergency that requires rapid  
40 diagnosis and timely treatment, with primary percutaneous coronary intervention (PCI),  
41 recognized as the preferred mode of reperfusion [1]. Over the last three decades there have been  
42 considerable advancements in the treatment of patients with STEMI, beginning with fibrinolytic  
43 therapy, the implementation of primary PCI, and subsequent focus on improving reperfusion  
44 times through the coordination of systems of care [2]. The American College of Cardiology  
45 (ACC) and American Heart Association (AHA) publish clinical practice guidelines that address  
46 the management of STEMI [3, 4]. While these guidelines provide a robust and well-established  
47 clinical framework to manage patients with STEMI that is largely informed by randomized  
48 clinical trials and meta-analyses, they are not designed to address the procedural and technical  
49 aspects of the management of STEMI, nor the implementation of newer approaches. Likewise,  
50 the evidence-base informing the guidelines are primarily derived from patients with suspected  
51 atherosclerotic plaque disruption (type 1 MI), and therefore are often unable to guide clinicians  
52 on specific circumstances such as the management of patients with non-atherosclerotic etiologies  
53 of STEMI. The purpose of this consensus statement is to provide a summary of best practices for  
54 managing patients with STEMI, focusing on the cardiac catheterization laboratory (CCL)  
55 management and the technical aspects of the procedure, and address special circumstances,  
56 anatomical subsets, and non-atherosclerotic causes of STEMI.

57

58 **METHODOLOGY**

59

60 This statement has been developed according to the Society for Cardiovascular  
61 Angiography & Interventions (SCAI) Publications Committee policies for writing group  
62 composition, disclosure, and management of relationships with industry, internal and external  
63 review, and organizational approval [5].

64 The writing group was organized to ensure diversity of perspectives and demographic  
65 characteristics and appropriate balance of relationships with industry. Relevant author  
66 disclosures are included in (Supplementary Table S1). Before appointment, members of the  
67 writing group were asked to disclose financial and intellectual relationships from the 12 months  
68 prior to their nomination. A majority of the writing group disclosed no relevant, significant  
69 financial relationships. The work of the writing committee was supported exclusively by SCAI, a  
70 nonprofit medical specialty society, without commercial support. Writing group members  
71 contributed to this effort on a volunteer basis and did not receive payment from SCAI.

72 Literature searches were performed by group members designated to lead each section,  
73 and initial section drafts were authored primarily by the section leads in collaboration with other  
74 members of the writing group. Consensus statements on the various aspects of CCL management  
75 were discussed and agreed upon by the full writing group using a modified Delphi process,  
76 which required 75% agreement among authors for a consensus. The draft manuscript was peer  
77 reviewed via a public comment period in \_\_\_\_ 2024, and the document was revised to address  
78 pertinent comments. The writing group unanimously approved the final version of the document.  
79 The SCAI Publications Committee and Executive Committee endorsed the document as official  
80 society guidance in \_\_\_\_ 2024.

81 The SCAI statements are primarily intended to help clinicians make decisions about  
82 treatment alternatives. Clinicians also must consider the clinical presentation, setting, and  
83 preferences of individual patients to make judgments about the optimal approach.

84

85 **CARDIAC CATHETERIZATION LABORATORY TEAM READINESS AND INITIAL**  
86 **ASSESSMENT**

87

88 STEMI systems of care must accomplish rapid transition of acutely ill patients from the  
89 field to the CCL [6]. Prompt treatment is associated with improved clinical outcomes [7] and  
90 time represents an overall priority to streamline care at every level of the STEMI system (Figure  
91 1). Hospitals should develop and maintain protocols and quality-improvement assessments to  
92 achieve these goals, as STEMI teams are often activated outside of usual working hours (Table  
93 1). Pre-hospital activation of the STEMI team by the Emergency Medical Services (EMS) or the  
94 emergency department (ED) allows team members time to prepare the CCL during working  
95 hours, and time to travel to the hospital after working hours. This has been associated with  
96 improved time-to-treatment and outcomes [8]. A single page and/or telephone call activation to a  
97 list of STEMI team members is efficient as a mechanism to alert the proper parties, either  
98 through the hospital operator or via an electronic application-based system [9, 10]. For  
99 transferred patients, location and estimated time of arrival are valuable information to include in  
100 the communication. Transmission of the 12-lead electrocardiogram (ECG) is helpful to allow the  
101 team an opportunity to review the findings, concur with the diagnosis, and anticipate potential  
102 diagnostic or therapeutic interventions [11]. ECG transmission may also alert the team about  
103 cases with equivocal ECG findings or uncertain clinical presentations that may require clinical  
104 evaluation prior to CCL transfer. While ECG transmission to the CCL team members can be

105 useful, transmission should not delay the patient’s transportation. CCL team members should be  
106 expected to arrive at the CCL within 30 minutes and ideally 20 minutes after notification.

107         Once a STEMI is confirmed on the initial ECG and there are no circumstances precluding  
108 emergent revascularization, the patient should be directly transported to the CCL. All patients  
109 should be loaded with aspirin, a P2Y12 inhibitor, and given a bolus of intravenous heparin,  
110 followed by direct transfer to the CCL. When feasible, patients presenting via EMS should go  
111 directly to the CCL, bypassing the ED. This process known as “ED bypass” has been associated  
112 with shorter times to treatment and better outcomes [12]. The definition of ED bypass varies  
113 across centers. In some institutions, the ED is literally bypassed, and the patient is brought  
114 straight to the CCL from the ambulance. Alternatively, some centers make a brief stop in the ED  
115 for registration, identification of a proxy and a brief review of the ECG and to ensure the patient  
116 has a working IV. In all cases, transport of the patient to the CCL should occur once laboratory  
117 staff are prepared to receive the patient. Unstable patients may require further stabilization,  
118 including intubation and mechanical ventilation in the ED prior to transport to the CCL.

119         Some patients with acute coronary occlusion do not always manifest ST elevation on  
120 ECG (i.e. acute left circumflex occlusion) or may have subtle ST elevation not meeting the  
121 defined diagnostic criteria for STEMI. When there is a high index of suspicion, the acquisition of  
122 additional ECGs including leads V7-V9, or the use of bedside point of care ultrasound (POCUS)  
123 can be helpful. In the appropriate clinical setting, patients with ECG features concerning for an  
124 acute coronary occlusion but not meeting the STEMI criteria may require the same management  
125 pathway as patients with definite STEMI.

126         While time to reperfusion is essential, this should not preclude a careful evaluation  
127 including a focused history and physical exam, as some concomitant conditions or situations may

128 warrant specific precautions (e.g.: severe peripheral vascular disease, prior coronary artery  
129 bypass graft surgery, use of oral anticoagulants, acute or chronic kidney disease, severe aortic  
130 stenosis, pregnancy), or influence the decision to proceed with an invasive approach (e.g.: stroke  
131 or altered mental status, severe anemia, advanced age, code status and advanced directives) or  
132 prompt additional interventions to stabilize the patient before proceeding with PCI (e.g.:  
133 respiratory failure requiring airway protection and/or intubation, unstable arrhythmias requiring  
134 treatment, cardiogenic shock (CS)). Caution is warranted in late presenters (>12 hours) who are  
135 at risk for mechanical complications, in which case, prompt POCUS can facilitate evaluation.  
136 Importantly, in cases of futility (e.g. advanced dementia and/or advanced directives against  
137 resuscitation), discussion with the patient and/or family members is critical to ensure patient  
138 goals of care are respected prior to the procedure.

139 A detailed evaluation is also important in cases with equivocal clinical presentation or  
140 uncertain ECG findings which can lead to false STEMI activations due to interpretation errors,  
141 technical issues, or STEMI mimics (such as pericarditis or myocarditis, early repolarization,  
142 Brugada syndrome, altered electrolytes, Takotsubo, or ventricular aneurysms). This can result in  
143 potentially unnecessary invasive procedures and complications, as well as delays to treatment of  
144 other conditions requiring timely management [13]. A high rate of false activations can also have  
145 downstream consequences with respect to availability of STEMI staff for other simultaneous  
146 activations, resource utilization including risk of staff fatigue and burnout, financial costs, and  
147 time management. False activation rates can be reduced with educational efforts and training on  
148 ECG interpretation. In unclear clinical scenarios, POCUS may enhance clinical decision making.

149

#### 150 **Consensus Key Points Regarding Cardiac Catheterization Laboratory Team Readiness**

- 151 • **Prehospital notification and ECG transmission streamlines care.**

- **When feasible ED Bypass should be implemented.**
- **A focused history and physical exam should be performed by a member of the cardiovascular team.**

## **CARDIAC CATHETERIZATION LABORATORY EQUIPMENT**

Hospitals offering primary PCI should ensure that the CCL is equipped with the necessary tools required to complete angiographic assessment and facilitate PCI. Prior statements have outlined the minimal procedural requirements and qualifications of CCL staff to perform PCI [14], but do not focus on necessary equipment to care for patients with STEMI. While there may be some differences in operator preferences, there are key categories of devices (beyond the standard PCI equipment) that should be available for any CCL offering primary PCI (Table 2).

## **OPTIMAL TECHNIQUES FOR ANGIOGRAPHY AND INTERVENTION**

### **Arterial Access**

Transradial access is endorsed as a class I recommendation in preference to femoral access to reduce the risk of access-site bleeding, vascular complications, and death [1]. Radial access is an important bleeding avoidance strategy for high-risk patients such as those who have received thrombolytics, glycoprotein IIb/IIIa receptor inhibitors (GPI), or are on oral anticoagulants [15]. Radial access should be the preferred approach in STEMI (Figure 2). When performing radial artery access, careful attention to procedural technique is needed to allow for timely access, reduce complications, and maintain the artery for future access [16] (Table 3). Femoral access represents an alternative access route that should be reserved for patients in whom the radial artery cannot be used due to technical, clinical, or anatomical reasons, or cases in which a femoral approach may be preferred such as in patients with CS who require large bore

179 mechanical circulatory support device or those with prior coronary artery bypass graft (CABG)  
180 surgery in whom a left radial approach may not be facile in the acute setting. Optimal access  
181 technique in the common femoral artery is associated with lower risk of bleeding [17, 18], and  
182 requires certain key steps (Table 3). Irrespective of the access route, ultrasound guidance is a key  
183 component of contemporary vascular access techniques that is beneficial to reduce the number of  
184 attempts and time to access. Its use in both radial and femoral access is supported by randomized  
185 trials and several meta-analyses [19, 20].

186

### 187 **Consensus Key Points Regarding Arterial Access**

- 188 • **Transradial access is the preferred route for coronary angiography and PCI**
- 189 • **When femoral access is necessary, use of contemporary techniques including the**
- 190 **routine ultrasound and fluoroscopy are advised.**

191

### 192 **Diagnostic Assessment**

193

194 Interventional cardiologists often have different styles for performing diagnostic  
195 angiography and PCI that may have advantages and disadvantages. Complete angiography of  
196 both the left and right coronary systems, as well as bypass grafts (if present), should be routinely  
197 performed. The timing of complete angiography (ie before or after PCI) will depend on the  
198 clinical circumstances and operator preference. Performing complete diagnostic angiography  
199 prior to PCI helps identify the culprit lesion in cases in which the infarct vessel is ambiguous,  
200 determines the extent and severity of non-infarct artery disease, allows for assessment of  
201 collateral blood flow, and may help inform guide selection. Alternatively, when the ECG is non-  
202 ambiguous, an upfront guide catheter to assess the coronary circulation and facilitate PCI, with  
203 subsequent completion of diagnostic angiography after the PCI can reduce treatment delays [21].  
204 In most cases, the added knowledge of the non-infarct anatomy is often unlikely to alter the

205 revascularization approach. One caveat to this approach is that in RCA-territory STEMI, initial  
206 angiography of the left system may identify critical left main or multivessel CAD that can  
207 influence the approach to PCI of the infarct artery. In patients with hemodynamic or electrical  
208 instability or with CS a full angiogram before proceeding with PCI may be prudent irrespective  
209 of the infarct artery location.

210 Measurement of left ventricular end diastolic pressure (LVEDP) offers an assessment of  
211 left-filling pressure and can serve as a useful guide to intra-procedural and post-procedural  
212 volume management, as well as provide objective information to help with decisions  
213 surrounding the need for diuresis, afterload reduction, or mechanical circulatory support (MCS).  
214 An elevated LVEDP is associated with higher short and long-term mortality and the development  
215 of congestive heart failure [22]. Instrumentation of the left ventricle (LV) should be avoided in  
216 late presenters who are at risk for LV thrombus unless previously excluded. The value of LV  
217 angiography in contemporary practice is uncertain, particularly with the wider availability of  
218 POCUS. However, it can be useful in cases of CS if a mechanical complication is suspected, or  
219 when there are ambiguous clinical circumstances where the infarct artery is uncertain. A left  
220 ventricular angiogram can also help establish a diagnosis in patients with non-obstructive or  
221 normal coronaries including stress cardiomyopathy.

222

### 223 **Consensus Key Points Regarding Diagnostic Angiography**

- 224 • **A complete diagnostic coronary angiogram should be performed during the**
- 225 **index procedure.**
- 226 • **Measurement of LVEDP can help guide further treatment.**

227

### 228 **MANAGING THROMBUS**

229

230 Intracoronary thrombus can lead to distal embolization with resultant microvascular  
231 obstruction (MVO), impaired tissue perfusion (no reflow), and occasional terminal vessel  
232 truncation. Intracoronary thrombus may also result in side-branch compromise during PCI and  
233 has been associated with late stent malapposition [23]. The most widely accepted and thorough  
234 classification of intracoronary thrombus is the Thrombolysis in Myocardial Infarction (TIMI)  
235 thrombus grade (Supplemental Table S2) [24]. Practically, thrombus can be classified as either  
236 large thrombus (grade 4-5) or small/no thrombus burden (grade 0-3), as this more specifically  
237 informs subsequent steps in PCI. Given that an initial TIMI Thrombus Grade 5, defined as a  
238 complete vessel occlusion, may rapidly improve to Grade 0 or Grade 1 once the guide wire has  
239 crossed the lesion (or with “balloon dottering”), the determination of thrombus grade that will  
240 dictate management should not be made until after the guidewire has crossed the occlusion.

241 The strategy of thrombus management (Figure 3) invariably begins with attempts to re-  
242 establish flow. After initial wiring, a deflated compliant balloon may be passed back and forth  
243 across the lesion to re-establish flow. This is referred to as “balloon dottering” and is beneficial  
244 as it may allow distal vessel visualization to confirm distal wire position prior to balloon  
245 dilatation. Following initial angioplasty, repeat angiography and reclassification of TIMI flow  
246 and thrombus burden can then guide the next steps. If the TIMI flow is  $\geq 2$  and there is absence  
247 of a large residual thrombus with adequate visualization of the distal vessel, then PCI can follow.  
248 Direct stenting without initial balloon angioplasty is a reasonable strategy but should ideally be  
249 guided by intracoronary imaging prior to stenting. In the absence of significant calcification, a  
250 strategy of direct stenting is associated with lower corrected TIMI frame count, and a greater  
251 degree of ST segment resolution, in addition to shorter procedure time and contrast utilization,  
252 and improved medium term outcomes [25, 26]. An important exception to direct stenting is when

253 significant calcium is identified either fluoroscopically or via intracoronary imaging or when  
254 there is tortuosity in the vessel requiring lesion modification prior to stenting.

255         If after initial wiring and passing of a deflated balloon, there is TIMI  $\leq 1$  flow, or there is a  
256 large thrombus burden, additional thrombus management is needed prior to stenting. Available  
257 options can be categorized as those that exclude, extract, or dissolve intracoronary thrombus.  
258 Thrombus extraction with manual and mechanical aspiration thrombectomy are the most  
259 employed treatment strategies for large thrombus burden. Initial trials of manual aspiration  
260 thrombectomy demonstrated improved TIMI flow, and myocardial blush grade and improved  
261 clinical outcomes with thrombus aspiration [27, 28]. However, the larger Thrombus Aspiration  
262 during ST Segment Elevation Myocardial infarction (TASTE) trial [29] and the Trial of Primary  
263 PCI with or without Routine Manual Thrombectomy (TOTAL) [30], which collectively enrolled  
264 over 18,000 patients, failed to show a reduction in all-cause mortality or cardiovascular events  
265 with thrombus aspiration. Additionally, TOTAL reported higher rates of stroke in the group of  
266 patients randomized to thrombus aspiration. An individual patient level meta-analysis confirmed  
267 these findings with no difference in cardiovascular death but a strong trend toward a higher rate  
268 of stroke [31]. In this report, a subgroup analysis of endpoints demonstrated a consistent “lack of  
269 benefit” with thrombus aspiration irrespective of thrombus size. However, there was a higher  
270 stroke risk with thrombus aspiration only in the patients with a large thrombus burden. Current  
271 guidelines recommend against the *routine* use of thrombus aspiration in STEMI [1]. This  
272 recommendation does not apply to patients with a more extensive thrombus burden in whom  
273 there may be concern for distal embolization, or when balloon angioplasty is unsuccessful, in  
274 which case bail-out thrombus aspiration may be needed.

275 The Penumbra CAT Rx device is a newer device that allows continuous mechanical  
276 aspiration that can be used in cases with large intracoronary thrombus. While a prospective  
277 registry of patients with large thrombus burden demonstrated excellent TIMI 3 flow on final  
278 angiogram and stroke rates comparable to the control arm of other studies [32], randomized data  
279 is not available and therefore a direct comparison of the various aspiration devices cannot be  
280 made. Regardless of the device used, optimal thrombectomy technique is imperative and  
281 includes avoidance of thrombectomy in severely tortuous arteries, active thrombectomy with  
282 initial antegrade advancement, deep seating of the guiding catheter upon withdrawal of the  
283 device to minimize the chance of dislodgement of thrombus down a side branch or into the aorta,  
284 continuous active aspiration until just before the catheter enters the hemostatic valve at the hub  
285 of the guiding catheter (so as not to entrain air) , and “back bleeding” of the hemostatic valve  
286 followed by rigorous flushing to ensure any residual thrombus remaining in the catheter has been  
287 removed.

288 For cases with large residual thrombus that persist despite usual measures including  
289 thrombectomy, the approach to treatment is more nuanced. The use of GPI either IV or  
290 intracoronary, and the use of intracoronary fibrinolytic agents can be considered as adjunctive  
291 therapy. In theory, the antiplatelet effects of a GPI may be potentiated by local drug delivery via  
292 the intracoronary route resulting in relatively higher concentrations of drug at the site of an  
293 occlusive thrombus, however, trials examining intracoronary GPI as compared with IV GPI  
294 during PCI for STEMI have reported conflicting results and a meta-analysis reporting on 14  
295 trials of intracoronary GPI, enrolling 3,754 patients showed no difference in long term major  
296 adverse cardiovascular events (MACE) [33]. In this study, the use of intracoronary GPI, was  
297 associated with improved markers of reperfusion including ST segment resolution, myocardial

298 blush grade, and infarct size, as well as reduced short-term MACE. Intracoronary fibrinolytic  
299 studies have been limited to case reports or series, or smaller trials performed in the lytic era,  
300 with absence of contemporary data from randomized trials [34]. Intracoronary GPI or fibrinolytic  
301 agents are generally reserved for situations when there is significantly large thrombus or no-  
302 reflow despite usual aspiration techniques. If used, delivery of the drug directly to the distal  
303 artery using micro-catheters can be useful.

304 In some cases, when flow has been reestablished but there is a residual large thrombus  
305 burden that persists despite the techniques described above, deferral of stenting while treating  
306 patients with prolonged intravenous anti-platelet and anti-thrombotic therapy is an alternative  
307 strategy to reduce no-reflow risk and infarct size, with planned repeat coronary angiogram and  
308 potential staged PCI after the antithrombotic therapy course has been completed. A small,  
309 randomized trial demonstrated improved coronary blood flow with this technique [35], but a  
310 larger clinical trial and meta-analysis did not report a reduction in clinical events with deferred  
311 stenting [36, 37].

312

### 313 **Consensus Key Points on Managing Thrombus**

- 314 • **Angiographic assessment of thrombus burden should be made after the wire**
- 315 **crosses the lesion.**
- 316 • **Bail-out thrombectomy in selected cases of large thrombus is an acceptable**
- 317 **treatment strategy.**
- 318 • **Parenteral (or intracoronary) anti-platelet or anticoagulants can be used for**
- 319 **refractory thrombus**

320

321

### 322 **MANAGING NO-REFLOW**

323

324 Coronary no-reflow during primary PCI, defined as the lack of antegrade coronary flow  
325 in the absence of epicardial obstruction, is a frequent challenge that is associated with larger

326 infarct size and increased long term mortality [38]. The primary basis for no-reflow is MVO.  
327 The pathologic mechanism underlying MVO includes individual susceptibility,  
328 ischemia/reperfusion injury, endothelial dysfunction, microvascular spasm and distal thrombo-  
329 embolization [39]. Important risk factors include advanced age, male sex, longer ischemic times,  
330 hyperglycemia, leukocytosis, elevated creatinine, and elevated cardiac biomarkers at baseline.  
331 Angiographic and hemodynamic predictors include initial TIMI flow, high thrombus burden, and  
332 higher Killip class [40].

333         Prevention and early recognition are the foundations of management of no-reflow.  
334 Systems that promote early presentation after symptom onset and shorter ischemic times would  
335 likely have a favorable effect on the incidence of no-reflow. Acute glyceic control and pre-  
336 procedural statin use have been shown to decrease the incidence of no-reflow, presumably by  
337 mitigating endothelial dysfunction and ischemia/reperfusion injury [41], (although pre-  
338 procedural glyceic control may not be feasible in cases of primary PCI). Additionally, earlier  
339 pre-treatment with oral P2Y12 inhibitors is important as it has been associated with improved  
340 pre-procedural TIMI flow [42]. From a technical standpoint, the best treatment of no-reflow is  
341 also prevention. Thus, careful assessment for thrombus after initial wiring, and maneuvers to  
342 treat thrombus, (see Section *Managing Thrombus*) are associated with greater myocardial blush,  
343 and ST segment resolution, which are clinical markers of tissue level reperfusion [27, 33, 35].

344         Coronary perfusion pressure is an often unappreciated, yet critically important variable  
345 contributing to no-reflow. Augmentation of cardiac output and active reduction of LV end  
346 diastolic pressure, with afterload reduction, diuresis and at times with the use of MCS can aide in  
347 the prevention of no reflow, particularly in larger anterior infarcts [43, 44]. Maximization of  
348 distal capacitance with the prophylactic use of intracoronary vasodilators, including adenosine,

349 nitroprusside, and verapamil, prior to stenting is another important strategy. When used for  
350 prophylaxis, these medications should be given before and after each coronary manipulation (i.e.  
351 thrombectomy, angioplasty and/or stenting), and may be given via the guide catheter, a  
352 microcatheter, or aspiration catheter.

353         Once no-reflow is noted, the goal of therapy should focus on reversing vasoconstriction  
354 and treatment of microvascular thrombosis. Therefore, delivery of medications to the distal  
355 coronary bed is necessary. In addition to their prophylactic role, intracoronary vasodilators  
356 remain the mainstay of treatment once no-reflow occurs, although evidence is limited. The most  
357 employed agents include adenosine, nitroprusside, calcium channel blocking agents, and  
358 epinephrine (Table 4). Most of these agents are used anecdotally with limited and conflicting  
359 results from clinical studies. Factors to consider before choosing an agent include LV function,  
360 LVEDP, mean arterial blood pressure, the presence of conduction delays or significant  
361 bradyarrhythmias, and the presence of significant aortic stenosis, or obstructive hypertrophic  
362 cardiomyopathy.

363

#### 364 **Consensus Key Points for Prevention and Management of No-Reflow**

- 365         • **Pre-procedural loading of P2Y12 agents and high dose statins, and glycemic control**
- 366         **are useful options to reduce the likelihood of no reflow**
- 367         • **Use intracoronary arteriolar vasodilators to prevent and manage no reflow.**
- 368         • **Maximize coronary perfusion pressure with augmentation of mean arterial pressure**
- 369         **and reduction of LVEDP, to treat no-reflow.**

370

#### 371 **INTRACORONARY IMAGING**

372

373         Intracoronary imaging with intravascular ultrasound (IVUS) or optical coherence  
374 tomography (OCT) is recommended as a reasonable option to guide PCI, and in patients with  
375 stent thrombosis or in-stent restenosis to assess the mechanism of stent failure [1, 45].

376 Randomized trials and meta-analyses have demonstrated a reduction in MACE, stent thrombosis,  
377 cardiac death, and all-cause mortality in longer term follow-up with the use of intracoronary  
378 imaging [46-49]. While robust data supports the use of intracoronary imaging, few patients in  
379 these trials were undergoing PCI for STEMI. Registry data comparing intracoronary imaging to  
380 angiography-guided PCI in patients with acute myocardial infarction (AMI), including  
381 approximately 50% with STEMI, have demonstrated lower MACE and lower adjusted mortality  
382 with intracoronary imaging [50, 51]. Future RCTs examining the benefits of IVUS in STEMI  
383 patients undergoing PPCI are planned (NCT04775914) and will provide important insight for  
384 STEMI patients.

385 Prior to stenting, intracoronary imaging can play a critical role in deciphering ambiguous  
386 culprit lesions in STEMI or to assess the mechanisms of stent thrombosis (Figure 4). In these  
387 situations, OCT may be preferred as it provides greater resolution than IVUS, though at the  
388 expense of additional contrast use. When feasible, imaging acquisition should be performed  
389 before and after stent placement (Figure 5). Morphology, including the assessment of plaque  
390 burden, areas of positive remodeling, thrombotic burden and the extent of calcium may influence  
391 the approach to PCI. Distal and proximal reference vessel cross-sectional diameters and lesion  
392 length are important variables necessary for optimal stent sizing. After intervention, the focus of  
393 intracoronary imaging is to assess stent expansion, apposition, geographic miss, and edge  
394 dissection.

395

#### 396 **Consensus Key Points for Intracoronary Imaging**

- 397 • **Routine use of intracoronary imaging is encouraged to guide PCI.**
- 398 • **When there is stent thrombosis or stent failure, leading to STEMI intracoronary**  
399 **imaging should be performed to investigate the mechanism.**
- 400 • **Intracoronary imaging can be helpful in assessing ambiguous lesions and**  
401 **delineating the mechanism of STEMI.**

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403  
404  
405

## **EMERGING APPROACHES TO REDUCE INFARCT SIZE**

406           There are numerous efforts aimed at reducing MVO, reperfusion injury, infarct size, and  
407 minimize scar [52]. Several studies have explored various methods at reducing reperfusion injury  
408 or infarct size [53-58] but there are limited data to support any of the approaches as a routine first  
409 line therapy for STEMI.

410           Supersaturated oxygen (SSO<sub>2</sub>) therapy was FDA approved in 2019 to reduce infarct size  
411 in patients with anterior STEMI treated with primary PCI within 6 hours of symptom onset, in  
412 the absence of shock [59]. The catheter-based system allows for blood that is withdrawn from the  
413 side arm of a sheath to mix with aqueous oxygen (via an oxygenator) to provide high levels of  
414 dissolved oxygen to the “at-risk” myocardium limiting microvascular and myocardial damage.  
415 Studies have shown an average reduction in infarct size of 28% with SSO<sub>2</sub> [55, 60] and low rates  
416 of net adverse clinical events including death, reinfarction, clinically driven target vessel  
417 revascularization, stent thrombosis, and severe heart failure as compared to historical controls  
418 [61]. While early iterations used larger femoral sheaths that were associated with more bleeding  
419 complications, the latest system allows the use of a smaller 5 French contralateral sheath. Post  
420 marketing surveillance studies are ongoing and aim to evaluate outcomes in a larger subset of  
421 patients receiving SSO<sub>2</sub>.

422           Mild hypothermia (32.0°-35.9°C) reduces reperfusion injury by blunting inflammation,  
423 thrombosis, and myocardial metabolism[62, 63]. RCTs with varying protocols for cooling have  
424 investigated adjunctive hypothermia as a strategy to decrease infarct size and preserve  
425 microvascular integrity [57, 64-68]. While most of the studies demonstrated that cooling was  
426 safe, the efficacy endpoints have been largely negative, although there was some suggestion of

427 benefit in patients with anterior infarct [65, 67]. The European Intracoronary Cooling Evaluation  
428 in Patients With ST-Elevation Myocardial Infarction (EURO-ICE) trial is an ongoing clinical  
429 trial that will randomize 200 patients with an anterior infarct and TIMI 0 or 1 flow in the infarct  
430 artery to a strategy of intracoronary cooling during PCI or PCI alone [69]. The primary endpoint  
431 is infarct size as a percentage of LV mass on MRI at 3 months.

432 Left ventricular unloading is another approach aimed at reducing infarct size. The Door-  
433 to-Unload (DTU)-STEMI trial randomized 50 patients with anterior STEMI to a protocol of 30  
434 minutes of LV unloading with the Impella CP (Johnson & Johnson, New Brunswick, NJ) and  
435 delayed reperfusion vs immediate primary PCI without unloading [58]. The study was designed  
436 as a feasibility trial, with a focus on safety, and demonstrated no differences in MACE or major  
437 cerebrovascular events groups between the groups. The STEMI-Door to Unload (STEMI-DTU)  
438 trial aims to enroll 668 patients with an anterior infarct and randomize them to a strategy of LV  
439 unloading 30 minutes before PCI or immediate PCI without LV unloading and will assess the  
440 effects of LV unloading on myocardial infarct size measured with MRI at 3-5 days [70].

441

## 442 **SPECIAL CIRCUMSTANCES**

443

### 444 **Cardiogenic Shock**

445

446 Patients with CS are at significantly higher risk of mortality which is reduced by prompt  
447 revascularization as demonstrated in the Should We Emergently Revascularization Occluded  
448 Coronaries for Arteries for Cardiogenic Shock (SHOCK) trial [71]. Emerging data suggests  
449 improvement in mortality from CS when algorithmic risk-stratification and treatment protocols  
450 are in place [72]. Designating regional centers by level may be useful to facilitate interhospital  
451 transfer or EMS triage for primary PCI in the context of CS [6]. This designation as outlined by

452 the American Heart Association STEMI Systems of Care Policy Statement [6] provides three  
453 levels of care for STEMI: Level 1 centers provide a complete range of treatment for STEMI and  
454 shock including MCS and surgical support when needed. Level 2 centers provide primary PCI  
455 and some level of MCS. Level 3 centers are non-PCI hospitals that can administer fibrinolytic  
456 therapy or provide rapid transfer to a PCI hospital for primary PCI. While this designation  
457 facilitates triage, it is uncertain whether this case allocation improves outcomes and is not always  
458 used in practice.

459 The management of STEMI complicated by CS requires thoughtful decisions to optimize  
460 care and prevent bleeding and vascular events while the patient is in the CCL and subsequently,  
461 in the critical care units. A detailed discussion surrounding the assessment and management of  
462 CS in the catheterization laboratory is described elsewhere [73, 74]. Notable aspects of  
463 catheterization lab management in patients with STEMI complicated by CS are summarized  
464 below.

465 POCUS can be useful in patients with CS to aid in determining the etiology, particularly  
466 in patients with delayed presentation. The evaluation should focus on an assessment of  
467 biventricular systolic function, and the presence of significant valvular disease, intracardiac  
468 shunts, or pericardial effusion. When feasible, a POCUS should be done prior to angiography  
469 and is best performed during the time when the CCL is preparing for the patient so that it can  
470 provide important information before the start of the procedure while not delaying the time to  
471 PCI.

472 In the absence of known or suspected LV thrombus, LVEDP should be routinely  
473 measured in cases of CS (unless right heart catheterization measurements are available at the  
474 time of the procedure) as it may help guide management. Additionally right heart catheterization

475 with measurement of pulmonary capillary wedge pressure, pulmonary artery pressures, cardiac  
476 output and index, and calculation of pulmonary artery pulsatility index and cardiac power index  
477 can help guide the need for, and type of, MCS.

478 For patients with SCAI Stage C or D shock an MCS device can help reduce ventricular  
479 workload and, in some cases, can allow for ventricular unloading before PCI. The Danish-  
480 German Cardiogenic Shock (DAN-GER SHOCK) trial [75] randomized 355 patients with  
481 STEMI and SCAI stages C through E CS to a strategy of MCS support using the microaxial flow  
482 pump (Impella-CP) or standard care. Approximately 50% of patients received the Impella-CP  
483 before PCI. The primary endpoint, death from any cause was lower in the Impella-CP group as  
484 compared to standard care (45.8% vs 58.5%,  $p=0.04$ ). Notably there was a significantly higher  
485 rate of adverse events including moderate or severe bleeding, limb ischemia, need for renal  
486 replacement therapy and sepsis in the Impella-CP group. These results provide encouraging  
487 support for using the Impella-CP in CS but emphasizes the need for careful selection and the use  
488 of safe femoral access, and protocols for care to minimize adverse events.

489

#### 490 **STEMI Treated with Fibrinolytic Therapy**

491

492 If primary PCI cannot be performed within 120 minutes of first medical contact,  
493 fibrinolytic therapy is recommended [3], but this approach carries important limitations including  
494 failure of reperfusion or the potential for re-occlusion. For this reason, after treatment with  
495 fibrinolytic therapy, current guidelines recommend early transfer to a PCI hospital [1]. Patients  
496 with CS, decompensated heart failure, and failed reperfusion (defined by a lack of ST resolution  
497  $>50\%$  and absence of reperfusion arrhythmias) should undergo immediate angiography and  
498 revascularization [1]. In the remaining patients, it is reasonable to transfer with the plans for

499 coronary angiography and PCI within 3-24 hours after fibrinolysis [1]. In these situations, radial  
500 access is valuable to mitigate access site related bleeding complications.

501

## 502 **Stent Thrombosis**

503

504         Approximately 1% of patients experience stent thrombosis in the first 2 years after PCI  
505 [76]. Most patients with stent thrombosis present with STEMI. Premature discontinuation of  
506 DAPT and stent related factors such as stent under-expansion, stent fracture, mal-apposition or  
507 edge dissection, stent gap, residual uncovered plaque, and stent under sizing, are the most  
508 common risk factors for stent thrombosis (Figure 4). The management of stent thrombosis has  
509 been described [77]. Notable aspects of management of STEMI due to stent thrombosis include  
510 the use of intracoronary imaging (OCT or IVUS) to determine the cause of stent thrombosis. In  
511 these cases, the higher resolution of OCT may provide better assessments of uncovered struts,  
512 mal-apposition, stent fracture, and neo-atherosclerosis. The approach to intervention will depend  
513 on the mechanism of stent thrombosis. If under-expansion or mal-apposition is noted, then high  
514 pressure balloon inflation with appropriate sized balloon based on intracoronary imaging may be  
515 all that is needed. On the other hand, for stent fractures, edge dissections or neo-atherosclerosis,  
516 a second drug eluting stent is often warranted. Stent thrombosis frequently presents with large  
517 thrombus burden and thoughtful considerations for treatment are needed. (See section *Managing*  
518 *Thrombus*)

519

## 520 **Multivessel Coronary Artery Disease**

521

522         Multivessel coronary artery disease is present in approximately 50% of patients with  
523 STEMI and is associated with increased adjusted mortality compared to patients with disease of

524 the infarct artery only [78]. Multiple clinical trials have demonstrated that PCI of the non-infarct  
525 artery after primary PCI is safe and is associated with a reduced risk of MACE [79-83]. Current  
526 guidelines recommend staged PCI of a significantly stenosed non-infarct artery [1], however  
527 more recent studies have suggested that multi-vessel PCI at the time of primary PCI reduces the  
528 risk of recurrent ischemic events when compared to a staged PCI procedure [84, 85]. For this  
529 reason, individualized care is needed when determining the indications for, and timing of PCI of  
530 the non-infarct artery in STEMI. This will depend on multiple factors including clinical and  
531 hemodynamic stability, lesion complexity of both the infarct artery and the non-infarct artery, the  
532 extent of myocardium at risk, and the presence of other comorbidities [1]. The benefits of non-  
533 infarct artery PCI should not be extrapolated to patients with CS in which multi-vessel PCI at the  
534 time of primary PCI is associated with worse outcomes compared with culprit only PCI [86] and  
535 is not recommended [1]. In some situations, there may be complex disease of the non-infarct  
536 artery disease for which surgery is necessary. In such cases, unless surgery is urgently warranted,  
537 PCI and stenting of the infarct vessel should be performed with plans for elective CABG at a  
538 later date [1]. In select scenarios when urgent surgery is needed, it may be appropriate to  
539 consider promptly restoring flow in the culprit vessel without stenting, followed by urgent  
540 coronary bypass to all vessels. The functional assessment of the non-infarct artery to guide the  
541 decision for PCI is controversial with conflicting results from randomized trials [87, 88]. The  
542 Physiology-guided vs Angiography-Guided Non-culprit Lesion Complete Revascularization for  
543 Acute MI & Multivessel Disease (COMPLETE 2) trial (NCT05701358) which plans to enroll  
544 5100 patients with AMI and multi-vessel disease will examine the role of physiology guided PCI  
545 of the non-infarct artery in acute infarction.

546

547 **Consensus Tips for Special Circumstances**

- 548 • **RHC should be performed in STEMI with CS during the index procedure.**
- 549 • **Microaxial flow pumps can be beneficial in patients with STEMI and CS**
- 550 • **Immediate catheterization and rescue PCI are essential when fibrinolytic therapy**
- 551 **has failed.**
- 552 • **In stable patients, early catheterization within 24 hours of fibrinolytic therapy is**
- 553 **indicated.**
- 554 • **Intracoronary imaging should be routinely performed in cases of stent thrombosis**
- 555 **to investigate the mechanism.**
- 556 • **Complete revascularization of a significant non-infarct stenosis should be**
- 557 **performed.**

558

559 **ANATOMICAL SUBSETS**

560

561 **Coronary calcification**

562

563 Moderate and severe calcification of the culprit lesion has been reported in 26% and 6%  
564 of STEMI cases respectively, when reviewed by an angiographic core laboratory [89]. The  
565 presence of moderate/severe calcification is associated with suboptimal angiographic results,  
566 higher procedural complications, and independently predicts increased risk of stent thrombosis  
567 and ischemic target lesion revascularization at 1 year [89]. A detailed OCT analysis of a cohort of  
568 patients with acute coronary syndrome found three calcified culprit plaque phenotypes: eruptive  
569 calcified nodules, superficial calcific sheet, and calcified protrusion [90]. The management of  
570 calcified culprit lesions in STEMI has not been prospectively examined, however, reports of  
571 rotational atherectomy and intracoronary lithotripsy suggest these techniques can be useful. Until  
572 further evidence is available, as in all cases of calcified lesions, the choice of plaque  
573 modification strategies should be individualized based on intracoronary imaging guidance [91].

574

575 **Bifurcation Lesions**

576

577 Bifurcation lesions are encountered in 10-20% of patients with STEMI, results in longer  
578 fluoroscopy times and higher contrast use, but have rates of acute procedural success similar to  
579 non-bifurcation lesions. There are no prospective studies examining the approach to patients with  
580 STEMI involving a bifurcation lesion and the management of complex bifurcations lesions in a  
581 stable patient may not be similarly applicable to a patient with STEMI where propagation of  
582 thrombus into the branch vessel can occur. An earlier retrospective study with first generation  
583 drug eluting stents showed higher rates of cardiovascular events with the use of two stents [92],  
584 however a more recent study addressing patients with anterior STEMI with bifurcation disease of  
585 the left anterior descending artery and diagonal artery using current generation drug eluting  
586 stents showed similar rates of cardiovascular events at 6 months with a single or two stent  
587 strategy [93]. While an individualized approach to management considering the TIMI flow in the  
588 side branch, size of the side branch and degree of thrombus, should be considered, a provisional  
589 (one stent) approach maybe the preferred option in most cases of bifurcation disease of the  
590 infarct artery.

591

## 592 **Coronary Aneurysms/Ectasia**

593

594 A coronary artery aneurysm is a localized vascular dilation  $\geq 1.5$  times the diameter of  
595 the normal adjacent reference segment. Coronary aneurysms are found in up to 5% of patients  
596 undergoing coronary angiography, usually in association with connective tissue disorders or prior  
597 Kawasaki disease [94]. Aneurysms can also result from iatrogenic wall injury after coronary  
598 intervention with stenting or brachytherapy [94]. Giant coronary artery aneurysms leading to  
599 thrombosis with STEMI can be difficult to treat due to the potential for distal embolization and  
600 the limited options for stent sizing. As such, PCI of an aneurysmal segment in the setting of

601 STEMI is problematic with higher incidence of no-reflow or distal embolization, and increased  
602 rates of adverse cardiovascular events and definite stent thrombosis [95]. The most important  
603 goal for managing a STEMI involving a coronary artery aneurysm is to restore flow. This will  
604 often require advanced techniques to manage thrombus such as mechanical or manual aspiration  
605 thrombectomy or the use of IV GPI (See section *Managing Thrombus*). Once flow is restored,  
606 consideration for percutaneous or surgical treatment will depend on several factors including the  
607 size of the aneurysm, side branch involvement, and the extent of residual stenosis within the  
608 lesion. In the absence of a large side branch, covered stenting and/or stent assisted coiling has  
609 been reported with good success [96, 97] . In many cases, traditional covered stents used for  
610 coronary arteries maybe sufficient, however when the aneurysm is > 5 cm, peripheral stents are  
611 needed [96]. When managing these cases, a 7 French guiding catheter can aid in the delivery of  
612 these large devices. For larger aneurysms or those with involvement of a significant side branch,  
613 urgent surgery (in the case of ongoing symptoms and slow flow) or delayed surgery should be  
614 considered.

615

#### 616 **Consensus Key Points for Managing Anatomical Subsets**

- 617 • **When necessary, plaque modification for calcified lesions can be used to facilitate**
- 618 **stent delivery and expansion after restoration of blood flow.**
- 619 • **A provisional (one stent) strategy in bifurcation lesions is preferred.**
- 620 • **The focus of management of a coronary artery aneurysm is to restore flow.**

621

#### 622 **NON-ATHEROSCLEROTIC CAUSES OF STEMI**

623

##### 624 **Epicardial Vasospasm**

625

626 Abnormal vasoconstriction often precipitated by a pharmacologic substance (e.g.

627 cocaine/triptans) and/or emotional stress can lead to transient occlusion of one or more epicardial

628 coronary arteries with accompanying ST elevation. Epicardial coronary artery vasospasm is an  
629 uncommon but important, non-atherosclerotic mechanism of acute STEMI [98]. The threshold  
630 for suspecting coronary artery vasospasm should be especially high in younger patients (<50  
631 years of age) who do not have cardiac risk factors, when diffuse disease is seen on coronary  
632 angiography. Irrespective of the suspicion for spasm, unless hemodynamically contraindicated,  
633 intra-coronary nitroglycerin is useful in patients with an acute STEMI at the time of coronary  
634 angiography. This important measure can help identify and treat patients with coronary artery  
635 spasm while also facilitating the accurate assessment of vessel diameter for those patients  
636 undergoing PCI due to atherosclerotic plaque. Patients with myocardial infarction without  
637 obstructive coronary artery disease (MINOCA) and suspected epicardial coronary artery spasm  
638 may be referred for a comprehensive evaluation for coronary microvascular dysfunction and  
639 coronary spasm assessment with intracoronary acetylcholine provocation in the elective setting.  
640 Patients with coronary vasospasm are best managed with vasodilators such as nitrates or calcium  
641 channel blockers.

642

### 643 **Spontaneous Coronary Artery Dissection**

644

645 SCAD with intimal disruption and intramural hematoma is an increasingly recognized  
646 non-atherosclerotic mechanism of STEMI leading to acute coronary occlusion and is often a  
647 cause of myocardial infarction in young females. Recognition of SCAD features on coronary  
648 angiography is critical as the management is different than the management of STEMI due to  
649 atherosclerosis. One should suspect SCAD when managing STEMI in a young woman, a patient  
650 with concurrent systemic arteriopathies, and those with few or no conventional cardiovascular  
651 risk factors with angiographic characteristics suggestive of SCAD [99]. Angiographic SCAD

652 classification includes the following: Type I: Multiple radiolucent lumens or arterial wall  
653 contrast staining; Type II: , Diffuse stenosis that can be varying severity and length; Type III:  
654 Focal or tubular stenosis, that mimics atherosclerosis [100]. While intracoronary imaging may  
655 confirm the diagnosis of SCAD, vessel instrumentation has risks in patients with SCAD where  
656 inadvertent wiring of the false lumen can cause complications. Additionally, the use of OCT can  
657 propagate the hematoma due to the need for contrast injections [101]. For this reason,  
658 intracoronary imaging should be reserved for those patients in whom the diagnosis is uncertain,  
659 if imaging will impact management. PCI for the treatment of SCAD is associated with an  
660 increased risk of complications including further extension of the dissection due with wire  
661 manipulation, or propagation of the hematoma [102]. Therefore, conservative therapy is often  
662 indicated especially in stable patients, or in those with a limited territory of myocardium at risk  
663 due to distal disease. PCI (or coronary bypass surgery) may be necessary in the setting of an  
664 acute total occlusion of a vessel with a large area of myocardium at risk and refractory symptoms  
665 or hemodynamic instability. If PCI is indicated, the goal of PCI should be to restore vessel  
666 patency with adequate TIMI flow. Various techniques have been described [103], (the use of  
667 compliant balloons; the use of cutting balloons; stenting proximal and distal to the dissection  
668 followed by stenting of the dissected segment; or the use of a long stent with 5 mm margins  
669 proximal and distal to the dissected segment) but there is limited data to support a single  
670 technique and care should be individualized. When PCI is used in STEMI, contemporary data  
671 suggests reasonable success with rates exceeding 90% [104].

672

### 673 **Coronary Embolism**

674

675 Coronary embolism as a cause of infarction occurs in about 3% of cases of STEMI [105].  
676 It should be suspected when there is angiographic presence of thrombus in the absence of  
677 features suggesting a plaque rupture (such as luminal stenosis > 50%, plaque ulceration, plaque  
678 irregularity, and/or dissection), or when there is thrombosis in the setting of otherwise  
679 angiographically normal coronary arteries [105, 106]. Corroborative evidence that would  
680 support a diagnosis of embolism includes the involvement of more than one coronary artery,  
681 concomitant systemic embolization, and demonstration of a potential source (e.g., intra-cardiac  
682 tumor, prosthetic valves, infective endocarditis, atrial fibrillation, hypercoagulable state,  
683 presence of intra-cardiac communication) [107]. A scoring system has been proposed and  
684 maybe useful in ambiguous cases, although it has not been externally validated [107]. The  
685 management of STEMI in the setting of coronary embolism depends on the size of the embolism,  
686 the flow in the involved vessel and the amount of myocardium at risk. A distal coronary  
687 embolism or embolism of a small branch vessels may be conservatively managed with IV  
688 antithrombotic therapies. In these cases, the focus of management should be on identifying and  
689 treating the underlying source of thrombus to prevent future events. On the other hand, a large  
690 thrombus burden in a proximal vessel will often require PCI. When PCI is indicated, wire  
691 manipulation alone may open coronary occlusions and the resultant improvement in coronary  
692 flow will allow for intrinsic fibrinolysis. For larger thrombus burden in a more proximal vessel,  
693 clot extraction devices should be employed (See section *Managing Thrombus*). Stent placement  
694 is usually not indicated unless intracoronary imaging suggests underlying plaque rupture.  
695

## 696 **Myocardial Infarction without Obstructive Coronary Artery Disease**

697           Approximately 5% of patients presenting with acute MI do not have obstructive CAD on  
698 angiography defined as <50% stenosis of all coronary arteries [108] and are diagnosed with  
699 MINOCA. MINOCA is more commonly seen with NSTEMI-ACS, with ~20% of patients with  
700 MINOCA presenting with STEMI. It can be caused by atherothrombotic plaque disruption  
701 (rupture, erosion) or non-atherothrombotic conditions such as SCAD, vasospasm, coronary  
702 microvascular dysfunction, or coronary embolism. Mortality and re-infarction rates have been  
703 reported at 2.6% and 3.9% respectively [109]. While pooled data suggests better outcome with  
704 MINOCA than AMI due to obstructive CAD [109], in one report, the adjusted long-term  
705 mortality was higher in MINOCA [110]. In STEMI cases and suspected MINOCA, evaluation  
706 including serial cardiac enzymes (to confirm myocardial injury), and multimodality imaging with  
707 IVUS or OCT followed by cardiac MRI can be helpful to determine the etiology and help  
708 excluded MINOCA mimics such as myocarditis, Takotsubo cardiomyopathy or non-ischemic  
709 causes of myocardial injury [111]. When possible, cardiac MRI should be performed early after  
710 the infarct to improve the diagnostic yield [112]. After the initial evaluation, if the etiologic  
711 cause of MINOCA remains unclear then evaluation for coronary microvascular dysfunction  
712 including provocative spasm testing, is strongly encouraged.

713

## 714 **Consensus Key Points for Managing Non-atherosclerotic Causes of STEMI**

- 715       • **In the absence of contraindications IC NTG should be administered during the**  
716       **diagnostic angiogram to help diagnose cases of epicardial spasm.**
- 717       • **In patients with SCAD and a patent infarct artery with TIMI III flow, conservative**  
718       **management is advised.**
- 719       • **Thrombectomy may be used in patients with coronary embolism**
- 720       • **When MINOCA is suspected additional investigations such as left ventriculogram,**  
721       **intracoronary imaging, cardiac MRI and/or coronary microvascular dysfunction**  
722       **testing, may be necessary to identify the etiology and exclude MINOCA mimics.**

723

724 **QUALITY OF CARE AND OUTCOMES**

725

726 Hospital or health system-level STEMI committees should ideally track each STEMI to  
727 review activation times, times to treatment, and outcomes with the intent of identifying areas for  
728 improvement, crafting focused interventions, measuring the results of said interventions and  
729 considering different strategies until the goal is obtained. Once goals are achieved, maintenance  
730 and monitoring of quality should be the objective [6]. Quality of care includes care across the  
731 entire system, encompassing prehospital, intraprocedural and postprocedural management.  
732 Measures that should be tracked include: 1) Door to ECG acquisition; 2) Door-in- door-out for  
733 transferred patients; 3) First door-to-device times for transferred patients; 4) First medical  
734 contact to device times for EMS presenting patients; 5) Door to device times for walk-ins; 6)  
735 Complaints of chest pain to device times for in-hospital STEMI cases; 7) Periprocedural  
736 complications, and 8) Mortality. Quality measures should also consider the balance of false  
737 activation rates (which can unduly burden and cost health care systems) and the outcomes for  
738 medically treated patients with STEMI. Additionally, the inclusion of every STEMI patient  
739 getting primary PCI (ie without exclusions), may be more informative about real world  
740 conditions. Individual operators and programs can use national and state registry data for  
741 feedback to improve quality as compared to geographic benchmarks.

742

743 **Consensus Key Points on Quality of Care and Outcomes**

- 744 • **All hospitals/health care systems should track every STEMI case to assess time to**  
745 **treatment, and outcomes with an aim for continued quality improvement**

746

747

748 **FUTURE DIRECTIONS**

749

750 The percutaneous techniques for managing STEMI have dramatically evolved over the  
751 years. Despite these advances, there remain unanswered questions related to the management of  
752 certain patient subsets. First, the ECG is not always accurate in identifying patients with acute  
753 coronary occlusions, particularly in the left circumflex territory. The use of artificial intelligence  
754 to create a detailed scoring system (incorporating clinical and ECG variables) to predict acute  
755 arterial occlusion can be extremely useful to improve the number of patients getting timely  
756 reperfusion in the setting of an acute occlusion. Additionally, future research is needed to better  
757 identify the optimal management of patients who present late after symptom onset, or in those  
758 with large thrombus burden or no reflow. Finally, given the inability to adequately estimate the  
759 extent of MVO after PCI, the identification of those patients at risk for MVO, and the  
760 incorporation of tools to assess microvascular function post PCI could provide important  
761 information regarding the need to employ additional therapies for treatment of this subset of  
762 patients. These predictive and assessment tools will be particularly useful if we have a more  
763 evidence-based approach to treating MVO. For this reason, phase III trials are needed to further  
764 explore the options for limiting infarct size in the at-risk population of patients with STEMI.

765

766 **CONCLUSIONS**

767

768 STEMI remains a leading cause of morbidity and mortality in the United States. Timely  
769 reperfusion with primary PCI is associated with improved outcomes. Optimal techniques for  
770 performing coronary angiography and PCI should always be employed to minimize procedural  
771 complications and optimize timely tissue level reperfusion with the goal of improving short- and  
772 long-term outcomes. While there remains variability in practice across hospitals and CCL teams,

773 standard protocols for rapid assessment, mobilization of the CCL team as well as protocols for  
774 angiography and PCI can provide consistency in care.

775

776

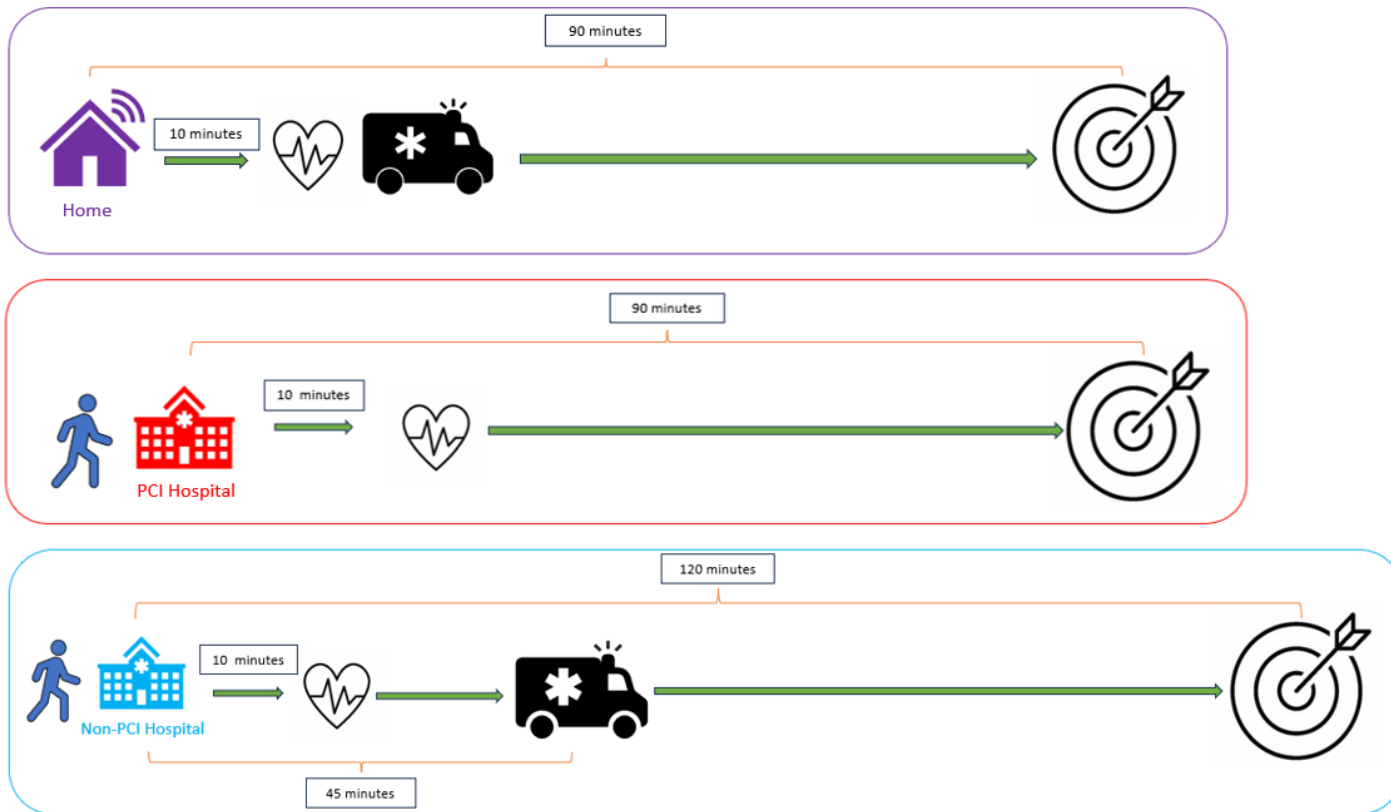
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777 **FIGURE LEGENDS**

778

779 **Figure 1:** Timeline of objectives in primary PCI for STEMI: The figure depicts the various modes of presentation and the time to

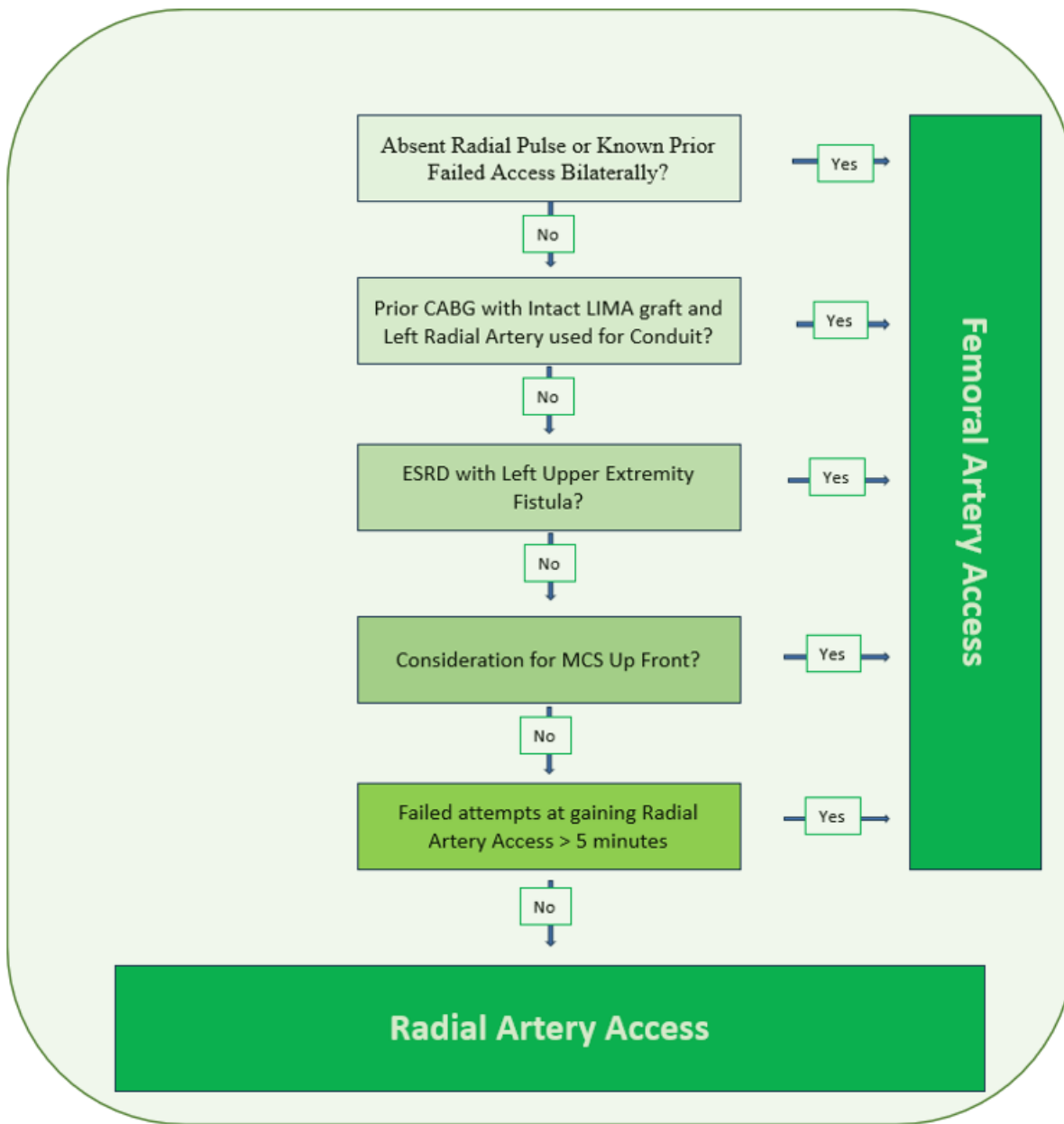
780 treatment goals



781

782 **Figure 2:** An algorithm for determining the proper arterial access in STEMI: The figure depicts the considerations to be taken when  
783 determining arterial access in STEMI

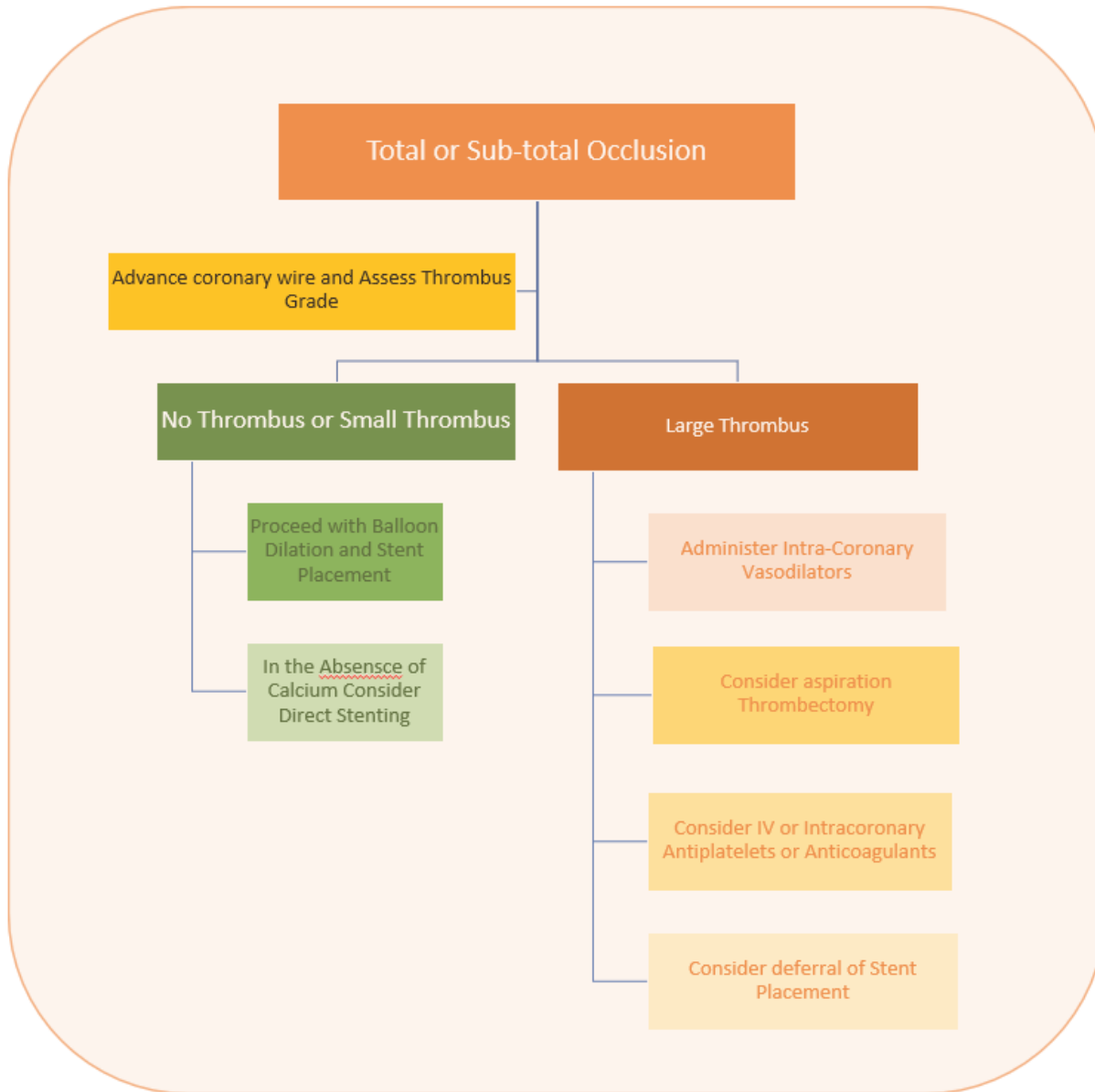
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785

786 **Figure 3:** Managing intra-coronary thrombus: The figure depicts the step-by-step approach to managing intra-coronary thrombus

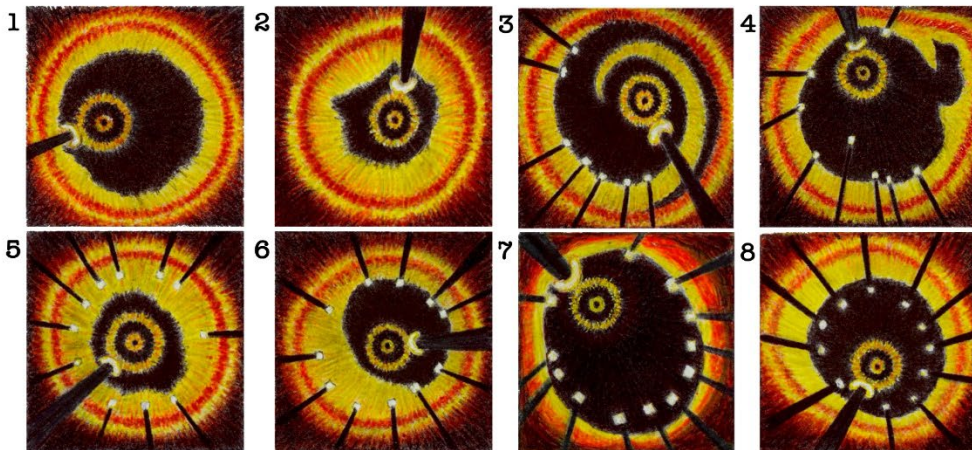
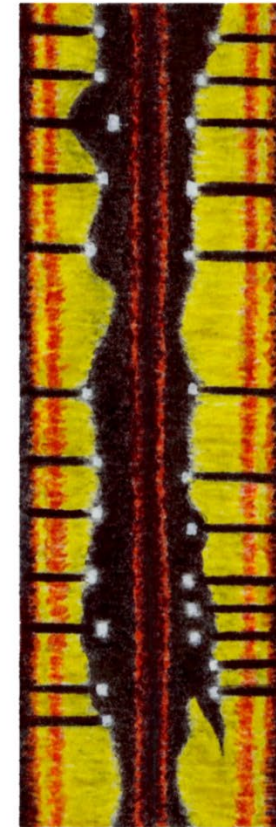
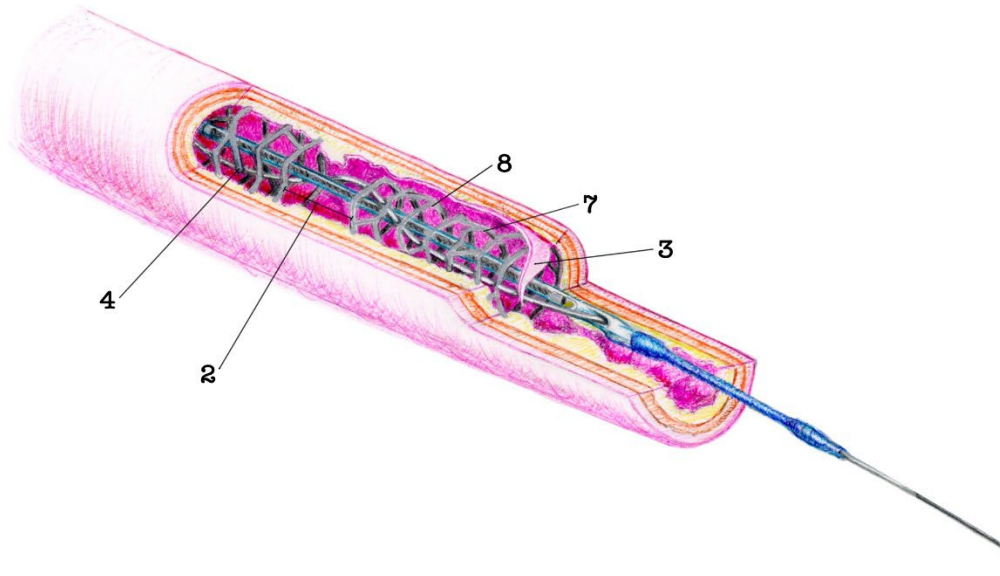
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788 **Figure 4:** Mechanisms of Stent Thrombosis: The figure depicts the potential mechanisms of stent thrombosis. These are often  
789 assessed using intracoronary imaging .

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# Mechanisms of Stent Thrombosis



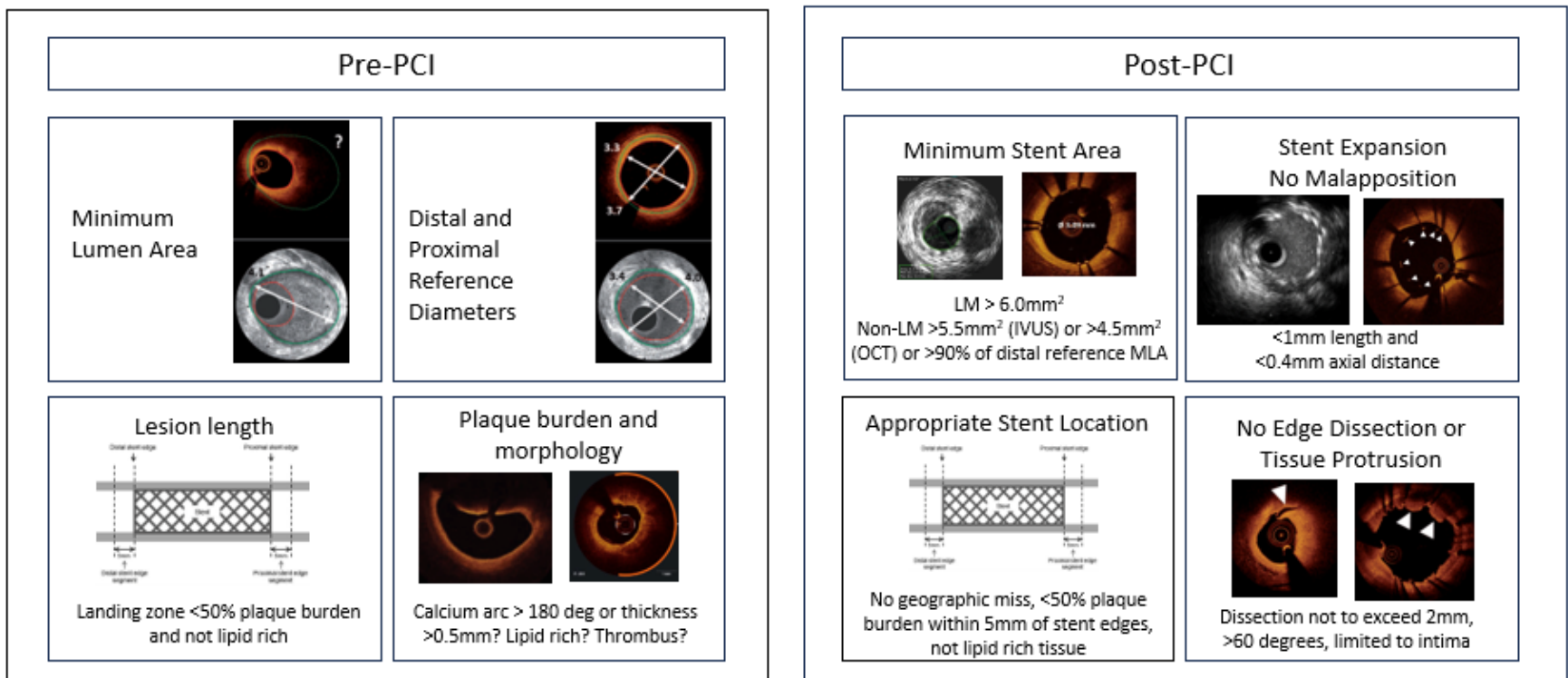
1. Normal Artery
2. Residual Uncovered Plaque
3. Edge Dissection
4. Stent Deformity
5. Neointimal Hyperplasia
6. Neoatherosclerosis
7. Malapposition
8. Underexpansion

791

792 **Figure 5:** Important parameters assessed by intracoronary 40maging The figure depicts the important variables that should be  
793 determined with intracoronary imaging including proximal and distal vessel diameter, plaque morphology, lesion length, stent  
794 expansion, stent dissection and stent apposition.

795

796



797

798  
799

**Table 1: Key Components to Successful Catheterization Laboratory Team Readiness**

Pre-hospital activation of CCL for patients presenting via EMS
Single activation of all CCL team members
ECG transmission to the CCL team
ED bypass for stable patients presenting via EMS directly to CCL team
Expectations for CCL team members arrival 20-30 minutes from time of page

800 CCL=cardiac catheterization laboratory; ECG=electrocardiogram; ED=emergency department;  
801 EMS=emergency medical services  
802

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803  
804

**Table 2: Essential Equipment for CCL to Perform Primary PCI**

<b>Standard Equipment</b>	<b>Comments</b>
Plaque modification tools: At least one of the Following: <ul style="list-style-type: none"><li>• Cutting or scoring balloon</li><li>• Intracoronary lithotripsy</li><li>• Rotational Atherectomy</li><li>• Orbital atherectomy</li></ul>	To facilitate stent delivery and expansion in severely calcified lesions
Microcatheters	For delivery of distal meds and exchange of wires in tortuous arteries
Guide extension device	For delivery of balloons and stents in tortuous arteries
Aspiration catheters: At least one of the following: <ul style="list-style-type: none"><li>• Manual aspiration catheter</li><li>• Mechanical aspiration catheter</li></ul>	For cases of large thrombus burden or emboli
Intracoronary Imaging: At least one of the following <ul style="list-style-type: none"><li>• IVUS</li><li>• OCT</li></ul>	To assess lesion morphology and guide PCI
MCS: At least one of the following: Intra-aortic balloon pump Impella CP Extracorporeal membrane oxygenation	For cases of refractory shock
Transvenous pacer	For unstable patients with complete heart block

805 CCL=cardiac catheterization laboratory; IVUS=intravascular ultrasound; MCS=mechanical  
806 circulatory support; OCT=optical coherences tomography; PCI=percutaneous coronary  
807 intervention  
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**Table 3: Best Practices for Arterial Access in STEMI**

<b>Radial Artery Access</b>	<b>Femoral Artery Access</b>
Pre-procedure assessment to consider right vs left radial access	Fluoroscopic guidance to identify lower half of femoral head
Ultrasound Guidance	Ultrasound Guidance
Radial artery puncture 1-2 cm proximal to styloid process	Micro-puncture needle
Use of hydrophilic sheath	Fluoroscopic guidance when advancing wire
Limited angiography of artery when there is resistance with wire advancement after sheath placement	Femoral Angiography to confirm proper location
Patent hemostasis for sheath removal	Vascular Closure devices (Especially with large bore access)

811 cm=centimeter; STEMI=ST elevation myocardial infarction

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814 **Table 4: Suggested Dosing for Intra-coronary Administration of Drugs used for No Reflow**

<b>Agent</b>	<b>Dose</b>	<b>Notable Mentions</b>
Adenosine	50 µgm to 200 µgm	Avoid in heart block
Nitroprusside	50 µgm-200 µgm	Avoid in Severe AS or HCM
Diltiazem	400 µgm	Avoid in CS or heart block
Verapamil	100 µgm -250 µgm	Avoid in CS or heart block
Nicardipine	50 µgm-200 µgm	Avoid in severe AS
Epinephrine	50 µgm-200 µgm	Avoid in ventricular arrhythmias

815 AS=aortic stenosis; CS=cardiogenic shock; HCM=hypertrophic cardiomyopathy;

816 µgm=microgram

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DRAFT

820 **Supplemental Table: Definitions of TIMI Thrombus Grade**

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Grade	Definition
Grade 0	No thrombus
Grade 1	Possible thrombus
Grade 2	Small thrombus (Greatest dimension $\leq \frac{1}{2}$ of the vessel diameter)
Grade 3	Moderate thrombus (Greatest dimension $> \frac{1}{2}$ but $\leq 2$ times the vessel diameter)
Grade 4	Large thrombus- (Greatest dimension $> 2$ times the vessel diameter)
Grade 5	Total occlusion

822 TIMI=thrombolysis in myocardial infarction

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